

# ELLINGTON SENIOR CENTER CALENDAR

## NOVEMBER 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<b>*Note:</b> Schedule subject to change without prior notice				
2	3	4	5	6
<b>EMAT APPTS</b>  Exercise Class 9:00 am Tai Chi (beginner) 10:30 am Tai Chi (advanced) 11:30 am Mahjongg 1:00 pm Line Dancing 1:30pm  Shaw's	<b>EMAT APPTS</b>  Bridge 9:00 am Dominos 1:00pm Setback 7:00 pm  <b>Flu Clinic</b> <b>Ellington Middle School</b> <b>9am – 11:30am</b>  Big Y	<b>EMAT APPTS</b>  HVCC Transit Ellington Singers 10:15 am Podiatry Clinic 9:00 am Shuffleboard 2:00 pm	<b>EMAT APPTS</b>  Sew & So 9:30 am Canasta 1:00 pm  <b>Emergency Preparedness</b> <b>For Your Pets</b> <b>(2pm)</b>	<b>EMAT APPTS</b>  <u>No programs</u> due to set up for the Holiday Bazaar on 11/7/09 <u>(No evening programs)</u>  <b>SAT: Holiday Bazaar</b> <b>9:00am</b>
9	10	11	12	13
<b>EMAT APPTS</b>  Exercise Class 9:00 am Tai Chi (beginner) 10:30 am Tai Chi (advanced) 11:30 am Mahjongg 1:00 pm Line Dancing 1:30pm Musical Insights 6:00 pm  Shaw's	<b>EMAT APPTS</b>  <b>Veterans Day Celebration 8am</b> <b>(Ellington High School)</b> Bridge 9:00 am Dominos 1:00pm Blood Pressure 1:30 pm Diabetic Screening 1:30 pm Setback 7:00 pm  <b>Out To Lunch</b> <b>Casey's Restaurant</b> <b>(1pm)</b>	<b>NO EMATS</b>  <b>Senior Center "Closed"</b> <b>Veteran's Day</b>	<b>EMAT APPTS</b>  Sew & Sew 9:30 am Better Age Club 1:00 pm Canasta 1:00 pm  <b>Volunteer's Meeting</b> <b>(3pm)</b>  Big Y	<b>EMAT APPTS</b>  Mahjongg 10:00am Ballroom Dance 1:00pm Polka Dance 2:30pm Pinochle 6:00pm  SAT – 11/14/00 Setback @ 7:00 p.m.

16	17	18	19	20
<b>EMAT APPTS</b>  Exercise Class 9:00 am Tai Chi (beginner) 10:30 am Tai Chi (advanced) 11:30 am Mahjongg 1:00 pm Line Dancing 1:30pm  <b>How is Your Balance (2pm)</b>  Shaw's	<b>EMAT APPTS</b>  Bridge 9:00 am Setback 7:00 pm  <b>Carmon Ladd Turnkington Ice Cream Social (2pm)</b>  Big Y	<b>EMAT APPTS</b>  HVCC Transit Ellington Singers 10:15am Memory & Creative Writing 1:00pm Shuffleboard 2:00 pm	<b>EMAT APPTS</b>  No Sew & So 9:30am No Canasta 1:00pm No Better Age 1:00pm  <b>Thanksgiving Dinner 12:00 pm</b>	<b>EMAT APPTS</b>  Mahjongg 10:00 am Parkinson's Support Group 10:00am Ballroom Dance 1:00pm Polka Dance 2:30pm Pinochle 6:00 pm  SAT – 11/21/09 Setback @ 7:00 p.m.
23	24	25	26	27
<b>EMAT APPTS</b>  Exercise Class 9:00 am Tai Chi (beginner) 10:30 am Tai Chi (advanced) 11:30 am Line Dancing 1:30pm Mahjongg 1:00 pm Musical Insights 6:00 pm  Shaw's	<b>EMAT APPTS</b>  <b>No Bridge*</b> 9:00am Blood Pressure 1:30 pm Diabetic Screening 1:30 pm Setback 7:00 pm <b>* NCAAA Medicare D Program (9am)</b>  Big Y	<b>EMAT APPTS</b>  HVCC Transit Ellington Singers 10:15am  <b>Half a Day Town Closes at 12:30 pm</b>	<b>NO EMATS</b> <b>Senior Center Closed</b>  <b>HAPPY THANKSGIVING</b> 	<b>NO EMATS</b>  <b>Senior Center Closed</b>
30	Monthly Features			Upcoming Activities
<b>EMAT APPTS</b>  Exercise Class 9:00 am Tai Chi (beginner) 10:30 am Tai Chi (advanced) 11:30 am Mahjongg 1:00 pm  Shaw's/Big Y	Ballroom/Polka Social – Friday, Ballroom(1pm); Polka (2:30pm) Better Age Club – Meetings 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month (1pm) Blood Pressure Clinic/Diabetic Screen –2 <sup>nd</sup> & 4 <sup>th</sup> Tues of the month (1:30pm) Bridge – Tuesdays (9am) Ellington Singers – Wednesdays (10:15am) Exercise Classes – Mondays (9:00am) Line Dancing – Mondays (1:30pm) Mahjongg – Mondays (1pm); Friday (10am) Memory & Creative Writing – 3 <sup>rd</sup> Thursday of month (1:30pm) Musical Insights – 2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the Month (6:00pm) Podiatry Clinic – First Wednesday of month (9:00am) Shuffle board – Wednesdays (2pm) Tai Chi – Mondays (10:30am beginners) (11:30am advance) Anna L. Turner, MSW – Elderly Outreach Social Worker			Winter Fest – 12/5/09 The Aging Eye – 12/8/09 - Lunch & Learn 12:30pm Musical Insights Holiday Party – 12/14/09–6:00 pm Memory & Creative Writing Holiday Party – 12/17/09 (1pm) <b><u>Trips</u></b> Tropicana – Atlantic City – 1/19/09 – 1/21/09 <b><u>Evenings</u></b> Cards: Setback – Tuesday & Saturdays 7:00 p.m. Pinochle – Friday at 6:00 p.m.